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| JANEIRO - Semana 1 | **CARDÁPIO SEMANAL** | 4 a 8/01 |

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| --- | --- | --- | --- | --- | --- |
|  | **04** | **05** | **06** | **07** | **08** |
| **Café** |  |  |  |  |  |
| **Almoço** |  |  |  |  |  |
| **Lanche** |  |  |  |  |  |
| **Janta** |  |  |  |  |  |
|  | SÁBADO - 9 | | DOMINGO - 10 | | |
| **F**  **I**  **M**  **D**  **E**  **S**  **E**  **M**  **A**  **N**  **A** |  | |  | | |

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| --- | --- | --- |
| JANEIRO - Semana 2 | **CARDÁPIO SEMANAL** | 11 a 15/01 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **11** | **12** | **13** | **14** | **15** |
| **Café** |  |  |  |  |  |
| **Almoço** |  |  |  |  |  |
| **Lanche** |  |  |  |  |  |
| **Jantar** |  |  |  |  |  |
|  | SÁBADO - 16 | | DOMINGO - 17 | | |
| **F**  **I**  **M**  **D**  **E**  **S**  **E**  **M**  **A**  **N**  **A** |  | |  | | |